**OSAT Club Inventory**

Saturday Sept 18, 1-3pm

Moderator: Eddie H

Attendees: JasonT, ChrisD, Rikster, DeanH, CarolynP, DaveT, JanetM, ChuckA, PamW, JimC, CarrieB

Questions attached.

**Overall themes**

Overwhelming consensus that OSAT is a Recovery group that includes activities

- 12 step based, Recovery Focused

What is best for OSAT?

Focus on Principles vs Personalities

Once OSAT helps you in your recovery, are you willing to be here to help the next?

**Opportunities**

1. **Better Carry the message**

Create pamphlets, go to recovery centers, announce at meetings, booths at AA conventions, ok to have promotions in addition to attraction.

1. **Focus on Recovery**

For GCC/ICC courses

- Look at recruitment for both participants and leadership

BOTS and Leadership Chairs

- Look at what is the criteria for these positions

1. **More engagement at Club meetings**

- Continue zoom and create things like photo fest at the beginning or end

- Ask for active participation from chairs – if you can’t attend find a replacement

- Send out agenda and minutes (maybe with BOTS agenda and minutes too)

1. **Look at funding for the club**

Should membership dues be higher

Should GCC/ICC tuition increase to support club infrastructure

**Detailed Comments:**

**THE OSAT CLUB**

Keeping in mind the focus on “What is good for the overall organization?”

**? Is OSAT a**

1. **Recovery group that includes climbing/hiking/activities**
2. **An Activities group that includes Recovery**

**Comments:**

* Want OSAT to remain available and open to newcomers forever – Trad 3
  + Keep it simple, have consistency/not too many rules, AA doesn’t change
* Great place to burn energy when stop drinking
* Clean and Sober Fun
* Hiking in a group with likeminded folks
* Having similar interests with likeminded folks
* A way to separate self from city and where to find Higher Power
* Place for women to get out with folks so they don’t have to go by themselves
* Gives purpose
* Community outside of meetings, allows activities without drinking/substances
* Activities without booze or drugs
* Plug into the great outdoors where my Higher Power is
* Where I improved my self-esteem, felt empowered by learning new skills
* Takes us out of isolation, creates passion for being outdoors, enhances sobriety
* Save a life

**? How did you find out about OSAT and how can we better carry the message?**

**Comments:**

* Found it on the web as I am just new out of rehab
* Was announced at meetings that there was a meeting on Tiger Mt
* Saw a flyer at a meeting or a rehab
* Someone talked about the GCC at a meeting and climbing mountains
* The way we climb/hike is different than other mountaineering clubs
  + We help each other and be of service to each other
  + We give faith in each other that we can do this
  + We can do together what we cannot do alone
* Early, the founder would interview each GCC student to get a sense of what they were looking for to taking the course. Was it recovery?

**Concerns:**

* Some folks coming into GCC without any recovery focus, they take the class and then leave
* Cheap way to climb Rainier
* A few years ago, the GCC lead said that it wasn’t important to be recovery focused
* Less importance of meetings during climbing events and circle up

**? Are we attracting a diverse membership?**

**Comments:**

* Looking at the overall demographics of the AA community (data hard to come by) we seem good in this area
* The mission at OSAT is to focus on Recovery, we should be aware of demographics and support diversity. But it is not the primary mission.
* We are just alcoholics and addicts; it is not the job to redo the world
* Focus on Principles vs Personalities, especially for ethics
* DEI [Diversity, Equity, Inclusion] was well meaning and seemed a knee jerk reaction

**THE OSAT CLUB MEETINGS AND BOTS MEETINGS**

**CLUB MEETINGS**

- Everyone has a chance to speak

- It is a balance to keep it crisp and lively vs drawn-out discussion

- Was great when GCC made it mandatory for students to attend one Club meeting

- How do we get folks to show up? In the past we had adventure stories after the meeting but then no one stayed – Wednesday night and traffic

- Maybe keep club meetings on zoom and ask for things like a photo fest

- Requests active participation by Chairs – if they can’t make it send a rep

- Maybe send out BOTS/Club agenda and minutes to the entire club via email, web?

**BOTS**

- What is the criteria for recovery?

- Much better transparency. Dave has done a good job of not having behind the scenes emails and decision

**THE GCC/ICC**

- Bring back focus on recovery

- What is the balance between autonomy/giving authority to make the class happen and what is the greater good for OSAT

- Need to reconcile that GCC doesn’t fund the club. It funds the class but does not contribute (except for member dues 60x$15 = $900) to support the club infrastructure: web, insurance, club wide events like gratitude dinner, WFA training

- We need a vetting process to gauge if students are signing up for recovery

- Before you can sign up for the GCC, you have to be an active member for a year?

**ACTIVITES**

- We want to attract newcomers with a wide range of activities with different levels of abilities

- Good to have foundation of expectations/guidelines for leaders

- Allows me to continue to participate in OSAT; I no longer can’t do GCC type activities

**GUESTS**

- What happens when an OSAT activity has more non-recovery folks than recovery folks

- We did limit guests to one per person per event

- I am here for recovery and want to be with folks who are in recovery

- As a trip leader, I don’t want to have to manage this

- In AA for Board of Service there is a classification for Non Alcoholics and Alcoholics that seems to work

- Doesn’t seem to be an issue for Club Wide events, more for individual activities

**OSAT CLUB INVENTORY QUESTIONS**

**THE OSAT CLUB**

1. What is the basic purpose of OSAT?
2. What more can OSAT do to better carry its message?
3. Is OSAT attracting members from different backgrounds? Are we seeing a good cross-section of our community, including those with special needs?

**THE OSAT CLUB MEETING**

1. Is adequate opportunity given to all Club members to speak and participate in discussion and activities?
2. Are the Club Meetings interesting and informative?
3. Does the Club have adequate participation in Club Meetings?
4. How can Club Meeting participation be improved?
5. How could the Club Meeting itself be improved?
6. How could the Club Meeting be more effective to you?

**THE OSAT BOTS MEETING**

1. Are the BOTS keeping the Club informed?
2. Are the BOTS making their service activities available to all our members?
3. Are the BOTS making new Committee Chairs and other volunteers feel welcome?
4. Is the BOTS committee functioning well?
5. Are the BOTS meeting the needs of the Club?
6. Are the BOTS aware of what is going on in the Club?
7. How could the BOTS meeting be improved?
8. Representing the BOTS/Club group conscience not their own?
9. Able to handle situations that may arise within the Club?

**Secretary (Emeritus) and Treasurer:**

1. Can the minutes or financial reports be improved to provide a clearer picture of what is happening at OSAT to the members?
2. Are the meeting minutes accurate and timely?
3. Are they keeping the Club informed?
4. Are they meeting the needs of the Club?

**Other OSAT Committee Chairs**

**Membership / GCC / ICC/ Activities / Communications / Safety / Outreach / Ethics**

1. Is this committee keeping the Club informed?
2. Is this committee making their service activities available to all our members?
3. Is this committee functioning well?
4. Is this committee meeting the needs of the Club?

# GENERAL

Are there any problems, concerns or questions that have not been addressed that need to be?