

OSAT

Twenty Years Old ... and still taking just One Step at a Time!

OSAT Gratitude Dinner November 19, 2011



Inspiration – Jan. 1, 1989

"Snow hung on the branches in big bunches and formed a glistening blanket ... The cold air was clean and crisp... a delightful day and I felt wonderful. Good to be alive and to be sober...



"Then a thought hit me: Why don't I somehow combine mountaineering with recovery? ...

"The idea began to form: Mountaineering as an aid to recovery from addictions. I had heard of mountaineering programs for misguided adolescents and rich executives. Why not something for the average drunk?"

Jim Hinkhouse

From his draft of a book about OSAT's beginnings Refer to the May 2010 *Yodel* for entire story of this hike



1991 AA Mt. Rainier Expedition



Photo credits: Terri S (except upper left - Rik)



OSAT Timeline - The Early Years

- 1989 Inspiration
- 1990 The Irish Curse Climb
- 1991 The "1991 AA Mt. Rainier Expedition"
- 1992 Monthly "business meeting" started
- 1993 "Keep climbing mountains...and don't slip!" and 1st Board of (Trusted) Servants
- 1994 By-Laws
- 1995 Kilimanjaro and Denali



Founder Jim Hinkhouse

Athlete Mathematician Teacher **Economist** Mountaineer Friend Writer **Recovery Professional** Confidant Inspiration ...and the Spirit of OSAT

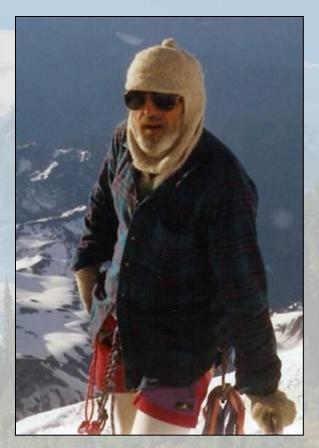
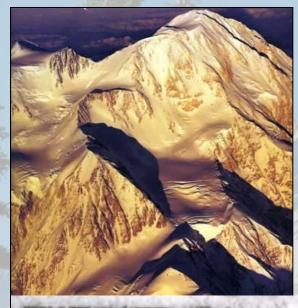


Photo credit: Dick W.



1995 - A Turning Point



Founder of OSAL And Term Downey and Scott Half hely, 1995 Variety

- Denali Tragedy
- · OSAT, Inc.
- 501(c)3



1996 - 2002

- 1996 Initial web site
- 1997 Aconcagua
- 1998 Email list
- 1999 –www.osat.org
- 2000 Hinkhouse Peak
- 2001 Climb course becomes "GCC"
- 2002 Ecuador Expedition





2003 - 2009

- 2003 Kevin & Jay do Outer Space
- 2004 Jim's book begins in The Yodel
- 2005 Kelly does Kili
- 2006 OSAT BC is born
- 2007 The usual OSAT activities
- 2008 Nalgene bottles died
- 2009 New OSAT.org site



Milestones

- 1992 John Codling
- 1995 Jim Hinkhouse Scott Hall Tom Downey
- 1999 John Repka
- 2005 Mike Robb

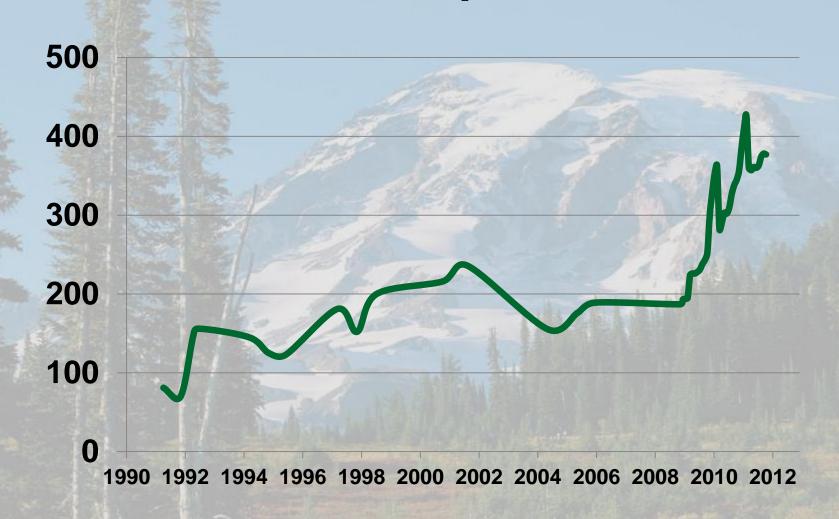
- 2006 Ed Miller
- 2008 Martin Barber
 Dave McClenahan
- 2010 David Brown
- 2011 Leah Morgan Lee Wiseman

"Let children walk with nature, let them see ... the communion of death and life ...as taught in woods and meadows, ... and mountains and streams of our blessed star, and they will learn that death is stingless indeed, and as beautiful as life."

John Muir



Membership Growth



Keep Climbing Mountains And Don't Slip!