ANNUAL RELEASE AND INDEMNITY AGREEMENT

I hereby state that I wish to participate in courses and/or activities offered by One Step at a Time (OSAT), a Washington non-profit corporation. I recognize any outdoor activity may involve certain dangers, including but not limited to the hazards of traveling in mountainous terrain, accidents or illness in remote places, force of nature, and the actions of participants and other persons. I further understand and agree that without some program providing protection of its assets and its leaders, OSAT would not be able to offer its courses and activities.

I understand that OSAT has established a Code of Conduct (CoC) that covers both club standards and outdoor activity standards, which OSAT utilizes as its' philosophy for interpersonal behavior and specific club regulations. The CoC has been made available to me. In the spirit of the CoC, I agree to behave respectfully. I will recognize my role and value the worth and dignity of my colleagues. I will exercise discretion and confidentiality when dealing with potentially sensitive matters regarding participants, members, and volunteers. I am responsible for my own safety and will be aware of the safety of others. If I see something that violates our club standards, I will say something. I will report any problems, discrimination, and/or safety concerns to the leader of the activity, to the Ethics Committee, or to members of the associated committee.

In consideration of and as part payment for the right to participate in the activities offered by OSAT, I agree to RELEASE, HOLD HARMLESS AND INDEMNIFY OSAT and its members, Board of Trusted Servants (BOTS), Glacier Climbing Course (GCC) committee members, Intermediate Climbing Course (ICC) committee members, instructors, volunteers, climb leaders, rope leaders, club activity and event organizers and leaders, and any and all other persons acting on behalf of OSAT, from any and all liability, claims and causes of action arising out of or in any way connected with my participation or the participation of any minor that I am signing on behalf of in any activities offered by OSAT.

I personally assume all risks in connection with these activities. If I am signing on behalf of a minor, I further agree to HOLD HARMLESS AND INDEMNIFY OSAT and its members from all liability, claims and causes of action which the minor may have arising from the minor's participation in activities. The terms of this agreement shall serve as a release and indemnity agreement for my heirs, personal representative, and for all members of my family, including any minors.

I have read this release and indemnity agreement and have fully informed myself of its contents. By clicking "I have read and agree..." on the OSAT.org web site, I am agreeing to the above terms.

Print Name:	
Sign Name:	 Date: