

Secretary-please read:

Good evening/morning. Welcome to the Thursday/Sunday meeting of the One Step At A Time group of Alcoholics Anonymous. My name is _____, and I'm an alcoholic. May we have a moment of silence to reflect on why we are here, as well as for the alcoholic who still suffers, followed by the serenity prayer.

What it is: Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self-supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.

I have asked _____ to read How It Works.

I have asked _____ to read the 12 Traditions.

I have asked _____ to read our group Preamble

Do we have anyone here who is in their 1st 30 days of recovery?

Do we have any newcomers here for their first OSAT meeting?

Do we have any recovery birthdays for the month of _____ ?

Do we have any AA or activity related announcements?

As this is often a large group, we ask that you please limit your sharing to 5 minutes so that others may share that need to. We ask that if you smoke, you do so well away from the meeting. If you've brought your pet to the meeting, please keep them out of the inner circle and on a leash. Please also, do not feed the birds as they have been known to scare some new folks.

With that, the meeting is open. (Pass the hat ½ way through the meeting for the 7th Tradition).